

29th Aug – 19th Sep – 10th Oct – 31st Oct – 21st Nov – 12th Dec – 2nd Jan – 23rd Jan – 13th Feb

WEEK 1

PRIMARY SCHOOL MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT <i>Choice</i>	Pork Meatball Pasta (GL)	Pork Sausage & Mashed Potatoes (GL-SU)	Roast Turkey with Roast New Potatoes & Gravy (SU)	Chicken Wrap with Rainbow Rice (GL)	Battered Fish Fillet with Chips & Pantry Ketchup (GL-FI)
VEGETARIAN <i>Choice</i>	Cheese & Bean Quesadilla (GL-CE-SU-MI)	Macaroni Cheese (GL-MU-MI)	Vegetable Wellington with Roast New Potatoes (GL-SU)	Margherita Pizza with Pasta Salad (GL-MI-SU)	Spanish Omelette with Chips & Pantry Ketchup (EG-MI)
JACKET <i>Potato</i>	Jacket Potato with Beans or Cheese (MI)	Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)	Jacket Potato with Beans or Cheese (MI)	Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)	Jacket Potato with Beans or Cheese (MI)
VEGETABLES	Sweetcorn & Peas	Green Beans & Carrots	Carrots & Broccoli	Green Beans & Cauliflower	Peas & Sweetcorn
SANDWICH	Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)
DESSERT	Fruit Yoghurt (MI)	Courgette & Lime Cake (GL-EG)	Fruit Jelly	Blackberry & Apple Crumble with Custard (GL-MI)	Fresh Fruit



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ALLERGY KEY
 CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG
 FISH - FI / LUPIN - LU / MILK - MI / MUSTARD MU
 NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE / SOYA - SO
 SULPHUR - SU / MOLLUSCS - MO

The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.



BREAD CONTAINS - GL - MI - EG - SO

5th Sep - 26th Sep - 17th Oct - 7th Nov - 28th Nov - 19th Dec - 9th Jan - 30th Jan

WEEK 2

PRIMARY SCHOOL MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT <i>Choice</i>	Homemade Beef Pasta Bolognese (GL)	Chicken Pizza with Rainbow Rice (GL-MI)	Roast Gammon with Skin on Roast Potatoes & Gravy (SU)	Mild Creamy Butter Chicken with Rice (MI-SU)	Fish Fingers with Potato Wedges & Pantry Ketchup (GL-FI)
VEGETARIAN <i>Choice</i>	Very Veggie Curry with Rice (GL)	Vegetable Bean Burger with Baby Potatoes (SU-GL-SE)	Vegetable & Potato Topped Pie with Gravy (GL-SU)	Tomato & Vegetable Pasta (GL)	Quorn Sausage with Potato Wedges & Pantry Ketchup (GL-EG-MI)
JACKET <i>Potato</i>	Jacket Potato with Beans or Cheese (MI)	Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)	Jacket Potato with Beans or Cheese (MI)	Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)	Jacket Potato with Beans or Cheese (MI)
VEGETABLES	Carrots & Green Beans	Broccoli & Peas	Carrots & Broccoli	Peas & Cauliflower	Peas & Sweetcorn
SANDWICH	Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)
DESSERT	Fruit Yoghurt (MI)	Chocolate & Banana Cake (GL-MI-EG)	Oaty Cookie (GL)	Ice Cream (MI)	Fresh Fruit



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12th Sep – 3rd Oct – 24th Oct – 14th Nov – 5th Dec – 26th Dec – 16th Jan – 6th Feb

WEEK 3

PRIMARY SCHOOL

MENU

MEAT Choice

VEGETARIAN Choice

JACKET Potato

VEGETABLES

SANDWICH

DESSERT

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Beef Burger with Baby Potatoes (GL-SO-SU-SE)

Flaked Salmon Fillet with Broccoli Rice (FI)

Roast Chicken with Roasted New Potatoes & Gravy

Chicken & Melted Cheese Pizza Baguette (GL-MI-SO)

Battered Fish Fillet with Chips & Pantry Ketchup (GL-FI)

Tomato & Cheese Pasta Bake (GL-MI)

Margherita Pizza with Pasta Salad (GL-MI-SU)

Quorn Sausages with Roast New Potatoes & Gravy (GL-EG-MI)

Coconut & Chickpea Curry with Rice (SU)

Quorn Nuggets with Chips & Pantry Ketchup (GL)

Jacket Potato with Beans or Cheese (MI)

Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)

Jacket Potato with Beans or Cheese (MI)

Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)

Jacket Potato with Beans or Cheese (MI)

Carrots & Green Beans

Cauliflower & Peas

Carrots & Broccoli

Peas & Cauliflower

Peas & Sweetcorn

Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)

Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)

Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)

Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)

Ham, Cheese or Tuna (GL-SE-SO-MI-FI-EG)

Fruit Yoghurt (MI)

Lemon Drizzle Cake (GL-EG)

Fruit Jelly

Winter Berry Eton Mess (EG-MI)

Fresh Fruit



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