

Friday 18<sup>th</sup> June 2021

Dear Year 3 Parents/Carers,

**Re: Personal, Social, Health and Economic Education**

We follow the Jigsaw scheme for personal, social, health and economic education and this half term the theme is 'changing me'.

Children will learn about how we change as we grow older, the differences between boys and girls and also about relationships.

Below is a table showing what the children will be learning during this half term's lessons. Some of the content is more detailed than we have taught in previous years but necessary to meet the requirements of the compulsory relationships education which the government introduced this year.

**Changing Me Puzzle Map - Ages 7-8**

| Piece (lesson)  | RSHE guidance reference     | PSHE Learning Intentions   | Social and Emotional Skills Learning Intentions   |
|---|-----------------------------|--|---|
| 1.How Babies Grow   | H2, H3                      | I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby   | I can express how I feel when I see babies or baby animals  |
| 2. Babies   | H2, H3                      | I understand how babies grow and develop in the mother's uterus<br>I understand what a baby needs to live and grow   | I can express how I might feel if I had a new baby in my family   |
| 3.Outside Body Changes  | H2, H3, H34                 | I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies<br>I can identify how boys' and girls' bodies change on the outside during this growing up process | I recognise how I feel about these changes happening to me and know how to cope with those feelings     |
| 4. Inside Body Changes  | R27, H2, H3, H34            | I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up              | I recognise how I feel about these changes happening to me and know how to cope with these feelings     |
| 5. Family Stereotypes   | R1, R2, R3, R4, R18, H2, H3 | I can start to recognise stereotypical ideas I might have about parenting and family roles   | I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes |
| 6.Looking Ahead<br>Assessment Opportunity<br>Puzzle Outcome: Ribbon Mobiles | H2, H3                      | I can identify what I am looking forward to when I go to next class  | start to think about changes I will make next year and know how to go about this                        |



Please speak to your child's class teacher if you would like further information.

Yours sincerely,

Mr Sunner  
Executive Head Teacher

Mr Downs  
Head of School