

School Newsletter

Friday 29th January 2021

Friendly February

We need our friendships more than ever this year! Let's focus on doing our best to be a good friend to all. An act of kindness and connection ripples out and impacts on so many more people than we realise, and it also boosts our own happy hormones!




ACTION CALENDAR: FRIENDLY FEBRUARY 2021




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Send someone a message to say how much they mean to you	2 Ask a friend how they have been feeling recently	3 Do an act of kindness to make life easier for someone else	4 Organise a virtual 'tea break' with colleagues or friends	5 Show an active interest by asking questions when talking to others	6 Get back in touch with an old friend you've not seen for a while	7 Make an effort to have a friendly chat with a neighbour
8 Share what you're feeling with someone you really trust	9 Thank someone and tell them how they made a difference for you	10 Look for the good in people, even when they frustrate you	11 Send an encouraging note to someone who needs a boost	12 Focus on being kind rather than being right	13 Send a friendly message of support to a local business	14 Tell your loved ones why they are special to you
15 Smile at the people you see and brighten their day	16 Check in on someone who may be struggling and offer to help	17 Respond kindly to everyone you talk to today, including yourself	18 Appreciate the good qualities of someone in your life	19 Share a video or message you find inspiring or helpful	20 Make a plan to connect with others and do something fun	21 Actively listen to what people say, without judging them
22 Give sincere compliments to people you talk to today	23 Be gentle with someone who you feel inclined to criticise	24 Tell a loved one about their strengths that you value most	25 Thank three people you feel grateful to and tell them why	26 Give positive comments to as many people as possible today	27 Call a friend to catch up and really listen to them	28 Make uninterrupted time for your loved ones



"The best way to cheer yourself up is to cheer somebody else up" - Mark Twain



"The only way to have a friend is to be one" - Ralph Waldo Emerson

ACTION FOR HAPPINESS







www.actionforhappiness.org

Happier · Kinder · Together

Learn more about this month's theme at www.actionforhappiness.org/friendly-february

Remote education

You may have seen in the news this week that schools will continue to remain closed for the vast majority of pupils until at least Monday 8th March. Although we are all disappointed that children will not return straight after half term, we are confident that our current remote education provision, including the daily live online Teams lessons led by your child's class teachers, is ensuring that children's learning and well being continue to be supported. Well done to pupils, parents and teachers for doing such a fantastic job online.

Critical worker and vulnerable pupil provision in school

Our onsite provision for children of critical workers and vulnerable pupils will continue after half term. Thank you to all the school staff who are coming in to school to run this provision.

We must remind parents that, as per the government guidelines, they **should keep their child at home when they can** and access remote learning. Please also remember to wear a face mask and maintain social distancing when dropping your child off in the morning and collecting them at home time.

Home learning



Mr Coren and Year 5 Sycamore had a Pet and Plushie Day this week. What a paw-fect way to keep online learning fun!

Children's Mental Health Week

Next week is Children's Mental Health Week which is more important than ever given the uncertain year that we've all had. The theme for this year is express yourself. Expressing yourself is about finding ways to share feelings, thoughts, or ideas, through creativity. This could be through art, music, writing and poetry, dance and drama, photography and film, and doing activities that make you feel good.

Below is a link to a website with some activities you can try at home next week.

<https://www.childrensmentalhealthweek.org.uk/schools-and-youth-groups/>

National storytelling week

Next week is national story telling week. Please make some time to share a story with your children at home. Below is a link to a virtual school library where you can watch videos of authors reading some of their stories.

<https://library.thenational.academy/>

Weekly Sports Challenges

Hillingdon schools are encouraging children to take part in the Hillingdon Primary Challenges from next week starting with the '60 second Clap & Catch Challenge'. Below is a link to a video showing you how to do the challenge. How many clap and catches can you do in a minute!

https://www.youtube.com/watch?v=GC9sPBv_1TU&feature=youtu.be

Key dates for your diary

Week beginning 1st February: National Storytelling Week

Week beginning 1st February: Children's Mental Health Week

Tuesday 9th February: Safer Internet Day

Monday 15th – Friday 19th February: School is closed for half term.

Week beginning 22nd February: Random Acts of Kindness Week

Thursday 4th March: World Book Day

Friday 12th March: World Maths Day

Friday 19th March: Red Nose Day

Wednesday 31st March: Last day of Spring term-school finishes at 1pm

Community Links

Family Lego Online Wednesday 3 February 3.30 to 4.30pm

In Support of Children's Mental Health Week
we are running a family Lego play session on the theme
'Express Yourself'

Suitable for ages 5-11. Parental supervision required.

Please contact library to book /enquire

harefield-library@hillingdon.gov.uk

01895 558184



**EXPRESS
YOURSELF**

February half term holiday activity club for children with additional needs

The Wren Centre in Queen's Walk, South Ruislip will be holding their activity club in the February half term break. This is available to children and young people with additional needs aged 5-18 years.

Monday 15th Feb to Friday 19th Feb, 10.30am to 3.30pm

Phone 020 8423 7382 or email cyp@harrowmencap.org.uk for any questions, price enquiries and for bookings.

HS2 Works - Notice of Harvil Road closure February 2021

We need to construct a temporary highway to the side of the current Harvil Road to allow us to start work on realigning Harvil Road later this year, and begin to build two over bridges over the Chiltern and HS2 rail lines. From 13 February we start work to construct the tie-ins to the current highway. We will need to use construction vehicles in the highway, and to dig a trial hole. To do this safely we need to close the road fully.

[How this work might affect you](#)



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Harvil Road will be fully closed 24 hours a day from 13th to 21st February inclusive. A diversion will be in place via Moorhall Road / A412 / A40 and will be clearly marked. Access to the Dogs Trust will be maintained throughout the works. If you have a question about HS2 or our works, please contact our HS2 Helpdesk team on 08081 434 434 or email hs2enquiries@hs2.org.uk

EHCP Needs Assessment

Hillingdon PCF is delighted to offer forum members that are resident in Hillingdon borough, an invitation to join a free online webinar on the topic of the EHCP Needs Assessment on Tuesday 9th February, 7pm – 9pm. This webinar will explore the assessment process, time limits, who should contribute, and criteria for an assessment and issuing of an EHCP.

Tanya Williams is delivering the presentation and is a parent of 2 young people with SEN, who understands the importance of parent empowerment and this is why she began running workshops, advice clinics and webinars for support groups and other PCFs. After over 20 years working as a litigator, Tanya set up her own business advising families across the UK. Here is Tanya's website: [Home | Tanya Williams SEN Advice](#)

To register, please put your details into the Eventbrite link here: [Eventbrite Registration](#) You will receive confirmation that you have a ticket. We will be using GoToMeeting, which is a virtual meeting platform. If you are new to GoToMeeting, download the app now and be ready for when the session starts [GoToMeeting app](#) Prior to the webinar, we will send you an email containing the link that allows you access to attend. We look forward to you joining us.