

School Newsletter

Friday 2nd October 2020

Celebration assembly

Monday's video assembly, led by Miss Evans, was about the Harvest Festival and our school value of **teamwork**. Well done to the pupils below who were chosen by their teachers to receive special certificates for **working well with everyone** at school this week.

Year 3 Hazel class	Mara
Year 3 Iroko class	Adhishree
Year 3 Willow class	Oscar
Year 4 Juniper class	Harry
Year 4 Meranti class	Harry
Year 4 Spruce class	Mitchel
Year 5 Elm class	Paige
Year 5 Sycamore class	Arjun
Year 5 Walnut class	Jessie
Year 6 Aspen class	Jacob
Year 6 Beech class	Bailey

House points

Well done to the following pupils for earning the most house points in their class this week.

Year 3 Hazel class	Lottie
Year 3 Iroko class	Max
Year 3 Willow class	Oscar
Year 4 Juniper class	Darren
Year 4 Meranti class	Olly
Year 4 Spruce class	Mia
Year 5 Elm class	Alycia
Year 5 Sycamore class	Sarang
Year 5 Walnut class	Aiman
Year 6 Aspen class	Aidan
Year 6 Beech class	Jack

Congratulations to all of the pupils in Green house for earning more house points than the other houses this week.

Attendance

We aim to achieve above the national average attendance which is 96%. Well done to Year 3 Iroko class for achieving the best attendance in school this week.

3 Iroko	96.2
6 Aspen	96.0
5 Elm	95.3
4 Juniper	94.3
6 Beech	93.5
3 Hazel	92.4
4 Meranti	92.3
3 Willow	92.2
5 Walnut	89.3
4 Spruce	89.1
5 Sycamore	87.9

Optimistic October

Life is far from perfect, but there are lots of reasons for optimism. Setting positive goals for the future gives our lives a sense of direction and purpose. And although we face many challenges there are also lots of reasons to stay hopeful. By consciously choosing our priorities we can overcome issues, make progress and focus on what really matters.



ACTION CALENDAR: OPTIMISTIC OCTOBER 2020

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY** **SATURDAY** **SUNDAY**

"Choose to be optimistic. It feels better" - Dalai Lama

- Write down your most important goals for this month
- Look for reasons to be hopeful even in difficult times
- Take the first step towards a goal that really matters to you
- Be a realistic optimist. See life as it is, but focus on what's good
- Start your day with the most important thing on your list
- Do something constructive to improve a difficult situation
- Remember that things can change for the better
- Make progress on a project or task you have been avoiding
- Avoid blaming yourself or others. Just find the best way forward
- Take time to reflect on what you have achieved this week
- Focus on a positive change that you want to see in society
- Look for the good intentions in people around you today
- Put down your To-Do list and let yourself be spontaneous
- Do something to overcome an obstacle you are facing
- Look out for positive news and reasons to be cheerful today
- Thank yourself for achieving the things you often take for granted
- Share your most important goals with people you trust
- Make a list of things that you are looking forward to
- Set hopeful but realistic goals for the week ahead
- Find the joy in completing a task you've put off for some time
- Let go of the expectations of others and focus on what matters
- Share an inspiring idea with a loved one or colleague
- Write down 3 specific things that have gone well recently
- Recognise that you have a choice about what to prioritise
- Plan a fun or exciting activity to look forward to
- Start the week by writing down your top priorities & plans
- Be kind to yourself today. Remember, progress takes time
- Ask yourself, will this still matter a year from now?
- Find a new perspective on a problem you face
- Set a goal that links to your sense of purpose in life
- Think of 3 things that give you hope for the future

ACTION FOR HAPPINESS

www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/optimistic-october

Keep Calm · Stay Wise · Be Kind



Address: Park Lane, Harefield, Middlesex, UB9 6BJ

Tel: 01895 824447

Email: office@harefieldjunior.org.uk

Web: www.harefieldjunior.com

Executive Head Teacher: Mr A.Sunner

Head of School: Mr J.Downs

New school website

We have launched a new school website with more information for parents and also improved compatibility with mobile devices.

www.harefieldjunior.com

Pupil safety

The local authority has received a report of an incident where strangers approached a school child in Ickenham from a car. The child is safe.

Please talk to your children about stranger danger and remind them to be vigilant when travelling to and from school.

High school transfer information

If your child is currently in Year 6, information regarding secondary school transfer in 2021 can be found on the Hillingdon website. Please note that the deadline for applying is 31st October 2020.

<https://archive.hillingdon.gov.uk/secondary>

Dogs on school premises

We would like to remind parents that dogs are not allowed on school premises.

Key dates for your diary

Week beginning 19th October: Parent-teacher meetings. More details to follow.

Monday 26th October to Friday 30th October: School is closed for half term.

Friday 18th December 2020: Last day of Autumn term. School finishes at 1pm.

Tuesday 5th January 2021: First day of Spring term.

Community Links

contact *For families
with disabled children*

Contact is an organisation that exists to help families feel valued, supported, confident and informed. They have now arranged a series of free virtual workshops as a way of delivering family support services during these challenging times. Please see below for the dates/times for workshops/webinars. You will need to register on Eventbrite at their website and this is where you can also find out more information about each workshop: <https://contact.org.uk/about-us/family-workshops/>

Money Matters - for parents of children aged up to 16 with additional needs

Tuesday 13th October 10:00 am

Encouraging Positive Behaviour in children aged up to 16

Thursday 8th October 10:00 am

Wednesday 14th October 19:30 pm

HAPPINESS · COMPASSION · RESPECT · TEAMWORK



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Thursday 22nd October 10:00 am

Wellbeing for parents of children with additional needs

Tuesday 6th October 7:30 pm

Monday 19th October 19:30 pm

Helping your young child sleep

Wednesday 7th October 7:30 pm

Helping your child (aged up to 16) sleep

Thursday 1st October 10:30 am

Thursday 15th October 10:00 am